

# JULY | 2021

## SUMMER MEALS at JOHNSTON




MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

<p><b>28</b></p>	<p><b>29</b> A sack lunch and milk will also be served every Thursday along with the daily meal for Friday's lunch.</p>	<p><b>30</b></p>	<p><b>1</b> COCOA PUFFS CEREAL - 1 OZ BANANA - 1 EA MILK - 8OZ</p> <p>HOT DOG - 1 EA GREEN BEANS - ½ CUP FRUIT SLUSHIE - ½ CUP MILK - 8 OZ</p>	<p><b>2</b> NO MEALS SERVED</p>
<p><b>5</b> NO MEAL SERVICE 4<sup>TH</sup> OF JULY HOLIDAY OBSERVED!</p>  <p>Happy 4th of July</p>	<p><b>6</b> WG WAFFLE W/ SYRUP APPLESAUCE - ½ CUP MILK - 8 OZ</p> <p>NACHOS GRAPE TOMATOES - ½ CUP PINEAPPLE - ½ CUP MILK - 8 OZ</p>	<p><b>7</b> LUCKY CHARMS - 1 OZ BANANA - 1 EA MILK - 8 OZ</p> <p>CHEESEBURGER CELERY STICKS - ½ CUP APPLE - 1 EA MILK - 8 OZ</p>	<p><b>8</b> CEREAL BAR PINEAPPLE - ½ CUP MILK - 8 OZ</p> <p>CHICKEN NUGGETS W/ ROLL CAULIFLOWER - ½ CUP PEACHES - ½ CUP MILK - 8 OZ</p>	<p><b>9</b> NO MEALS SERVED</p>
<p><b>12</b> PANCAKES W/ SYRUP PEARS - ½ CUP MILK - 8 OZ</p> <p>MINI CORN DOGS- 6 PCS CARROTS - ½ CUP PEAR - 1 EACH MILK - 8 OZ</p>	<p><b>13</b> MINI POWDERED DONUTS PEACHES - ½ CUP MILK - 8 OZ</p> <p>BOSCO STICK - 2 EA MARINARA CUP - 2.5 OZ ORANGE SLICES - ½ CUP MILK - 8 OZ</p>	<p><b>14</b> POPTART - 1 EA APPLE SLICES - ½ CUP MILK - 8 OZ</p> <p>CHICKEN SANDWICH 100% FRUIT JUICE - 4 OZ CELERY STICKS - ½ CUP MILK - 8 OZ</p>	<p><b>15</b> COCOA PUFFS CEREAL - 1 OZ BANANA - 1 EA MILK - 8OZ</p> <p>HOT DOG - 1 EA GREEN BEANS - ½ CUP FRUIT SLUSHIE - ½ CUP MILK - 8 OZ</p>	<p><b>16</b> NO MEALS SERVED</p>
<p><b>19</b> BLUEBERRY MUFFIN - 2OZ 100% FRUIT JUICE - 4 OZ MILK - 8 OZ</p> <p>HAM &amp; CHEESE SANDWICH APPLESAUCE - ½ CUP CARROTS - ½ CUP MILK - 8OZ</p>	<p><b>20</b> WG WAFFLE W/ SYRUP APPLESAUCE - ½ CUP MILK - 8 OZ</p> <p>NACHOS GRAPE TOMATOES - ½ CUP PINEAPPLE - ½ CUP MILK - 8 OZ</p>	<p><b>21</b> LUCKY CHARMS - 1 OZ BANANA - 1 EA MILK - 8 OZ</p> <p>CHEESEBURGER CELERY STICKS - ½ CUP APPLE - 1 EA MILK - 8OZ</p>	<p><b>22</b> CEREAL BAR PINEAPPLE - ½ CUP MILK - 8 OZ</p> <p>CHICKEN NUGGETS W/ ROLL CAULIFLOWER - ½ CUP PEACHES - ½ CUP MILK - 8 OZ</p>	<p><b>23</b> NO MEALS SERVED</p>
<p><b>26</b> PANCAKES W/ SYRUP PEARS - ½ CUP MILK - 8 OZ</p> <p>MINI CORN DOGS- 6 PCS CARROTS - ½ CUP PEAR - 1 EACH MILK - 8 OZ</p>	<p><b>27</b> MINI POWDERED DONUTS PEACHES - ½ CUP MILK - 8 OZ</p> <p>BOSCO STICK - 2 EA MARINARA CUP - 2.5 OZ ORANGE SLICES - ½ CUP MILK - 8 OZ</p>	<p><b>28</b> POPTART - 1 EA APPLE SLICES - ½ CUP MILK - 8 OZ</p> <p>CHICKEN SANDWICH 100% FRUIT JUICE - 4 OZ CELERY STICKS - ½ CUP MILK - 8 OZ</p>	<p><b>29</b> COCOA PUFFS CEREAL - 1 OZ BANANA - 1 EA MILK - 8OZ</p> <p>HOT DOG - 1 EA GREEN BEANS - ½ CUP FRUIT SLUSHIE - ½ CUP MILK - 8 OZ</p>	<p><b>30</b></p>

**FREE CURBSIDE  
MEALS FOR  
CHILDREN UNDER  
18 YEARS OLD!!**

Join us for  
**JULY FUN DAYS**  
at Johnston

July 21<sup>st</sup>  
Superhero Training  
& Supply

July 28<sup>th</sup>  
Franciscan Health

***Please remember:***

Meals are meant for  
children's consumption.

Please only pick up  
meals at one location.

Please store uneaten  
foods in the SAFE  
temperature zone!

# JULY | 2021



MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

28

29

30

1

2

5

6

7

8

9

12

13

14

15

16

19

20

21

22

23

26

27

28

29

30